



**IMAGINE
ROTARY**

Chelsea Rotary *Whispering Waves*

3310

16th May 2023



Ray White.
Chelsea

Major Sponsor 2023 Art Show

Presidents: [Olaf Zalmstra](#)
[Michael Martin](#)

President Elect:

Secretary: [Keith Chamberlain](#)

Treasurer: [Noel Jenkinson](#)

Club Contact: [Kevin Harrison](#)

0407 772 225

RI President: [Jennifer Jones](#)

International: [Peter Batten](#)
Community: [Maree Vinocuroff](#) & [Graham Smith](#)
Youth: [Keith Chamberlain](#)
Foundation: [Hans Wehmoller](#)
Marketing & [Kevin Harrison](#) & [Simon Pearson](#)
Membership: [Hans Wehmoller](#)
Governance: [Hans Wehmoller](#)
Newsletter: [Ian Button](#)

Please click on any of the people above
to send them an email.
They'd love to hear from you.

Reward Rotary Club of Chelsea by doing your banking.

Drop into your branch at Aspendale Gardens Shopping Centre,
Aspendale Gardens or phone 9588 0610 to find out more.

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ROTARY'S MOTTO IS "SERVICE ABOVE SELF"

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service.

SECOND: High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society.

THIRD: The application of the ideal of service in each Rotarian's personal, business and community life.

FOURTH: The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideal of service.

INDUCTIONS

None

BIRTHDAYS

Greg Caughey	21 May
Simon Pearson	21 May
Helen Washington	23 May
Sandy Antonuccio	26 May
Brian Lowe	30 May

ANNIVERSARIES

None

Important Dates for your calendar

- Winter Warmers Packing day – Sunday 21st May
- Fellowship night Tuesday 23rd May - Casseroles at the Lowes'
- Art Show- Friday 9th June - Monday 12th June

The Weekly Newsletter of the ROTARY CLUB OF [CHELSEA](#) (INC) [DISTRICT 9810](#)

Charter granted 12/10/[1954](#) ABN 19057 610 183

P O Box 103 Chelsea Vic. 3196

Normally, our Club meets weekly at the [Chelsea RSL](#) Thames Promenade. Chelsea Tuesday Evenings 6.15pm for 6.45pm start however some meetings are occasionally held online.

Club Bank Details: [Bendigo Bank](#) BSB 633 000 Accounts: 1424 861 33 (Admin.) 1497 181 24 (Fundraising)

Guests, family, and friends are very welcome to come to our meetings.

PLEASE book them in by contacting Kevin Harrison 0407 772 225

Meetings are held at the Chelsea RSL unless otherwise stated.

Guest Speaker this week - Kerry Zalmstra.

This week our Guest Speaker is Kerry Zalmstra who has kindly offered to speak to us about our eating habits as we age, and how we can manage our diet to live a long, healthy life. This is something that not only affects everyone, but which has ramifications on many other aspects of our life, and we might even learn something that we can pass on to others. As is always the case when we have guest speakers, everyone is welcome. Please book in through Kevin Harrison on 0407 772 225.

Food and Essentials Drive

Please remember this list of Pantry items needed for the Church of Christ:

Toilet Paper	Canned Tomatoes	Soap
Weetbix	Sweet Biscuits	Milk
Cornflakes	Deodorant	Canned Tuna
Coffee	Shampoo	Canned Fruit
Teabags	Conditioner	Clothes Washing Detergent

Stay safe. Keep well.

Ian.



HELP STILL NEEDED

Winter Warmers are a fantastic group of volunteers who help many families in need.

They are looking for volunteers from Rotary to help pack boxes of goods for families who are doing it tough.

Date: Sunday 21st May

Place: St Aidens Carrum

Time: 9-2 (more hands will take less time)

Tea and coffee provided, bring your own lunch.

Please let Maree know if you can help, even for some of the time, using the email link at the top of this **newsletter**.

Winter Warmer Hampers are provided to vulnerable families in the Carrum/Seaford area through schools and kindergartens – this may expand as funds permit.

The aim of the program is to provide some physical and emotional support by demonstrating that the local community cares. All goods are new and include items such as blankets, gloves, socks, beanies, baby clothes, food and grocery vouchers. The content of the packs is adjusted to suit the specific family members.

Weekly Program

Upcoming events

May 2023



2nd **General Meeting - Board Meeting Prior - 5.30pm**

May TBA

Venue: Longbeach RSL, 4 Thames Ave, Chelsea, 3196

9th **Volunteers' night**

May Dinner at the Chelsea hub to celebrate volunteer's week.

Venue: Chelsea Hub, 3 - 5 Showers Ave, Chelsea, 3196

16th **Guest Speaker - Kerry Zalmstra Dietitian**

May Eating as you age. Food for thought.

Mtg
3297

Venue: Longbeach RSL, 4 Thames Ave, Chelsea, 3196

23rd **Fellowship Night - Liz & Brians 6.00pm onwards**

May Casserole Night

Venue: Liz and Brian Lowe's, 4 Foy Lane, Chelsea. 3196

30th **General Meeting**

May TBA

Venue: Longbeach RSL, 4 Thames Ave, Chelsea, 3196